

NEW LIFEGUARD certification course



Become an American Red Cross certified lifeguard. Must be 15 by last day of class.

Participants sign up for the prerequisite swim. If participant passes the prerequisite swim, can then enroll & pay for Lifeguard class. \$35.00 traditional textbook, not included in class cost, can be purchased at front desk. Digital copies of book will be made available when participant enrolls in class. Be sure to include an active email address that digital copy can be sent to.

Prerequisite Swim: 300 yard continuous swim demonstrating breath control and rhythmic breathing (any combination of front crawl and breaststroke). Tread water for 2 minutes using only the legs. Timed event, swim w/brick (1 min 40 sec): starting in water, swim 20 yds, retrieve 10 lb brick from depth of 7-11 ft and swim 20 yds back to side of pool and exit water.

May Class - NEW!

Register for class by May 22

MAYPR2	25-May	7:00p - 9:00p
MAYLG2	26-May	9:00a - 5:00p
	27-May	9:00a - 5:00p
	2-June	9:00a - 5:00p
	3-June	9:00a - 5:00p

June Class

Register for class by June 8

JUNPR	18-June	9:00a - 10:00a
JUNLG	18-June	10:00a - 4:00p
	19-June	9:00a - 4:00p
	20-June	9:00a - 4:00p
	21-June	9:00a - 4:00p
	22-June	9:00a - 4:00p

July Class

Register for class by July 18

JULPR	23-Jul	9:00a - 10:00a
JULLG	23-Jul	10:00a - 4:00p
	24-Jul	9:00a - 4:00p
	25-Jul	9:00a - 4:00p
	26-Jul	9:00a - 4:00p
	27-Jul	9:00a - 4:00p

space is limited - register now!